

TALKING IS
TEACHING.



“When you Talk, Read, and Sing to your child, you build their brain and help them prepare for success in school and in life.”

Did you know?

- Talking is Teaching. When you talk to your baby, even though they can't use words yet, they are learning from you and you're helping them become both smarter and happier.
- During the first year of life, your baby's language will develop faster than any other time.
- You are your child's first teacher. The more words your young child hears from you, the better prepared they will be to learn.
- Babies and young children who hear their families talk, read and sing to them every day become stronger readers and bond more with their families than babies who don't have that experience.
- Singing songs and telling stories to your baby helps them bond with you and helps their brain develop.
- Talking, reading and singing affects how a young child experiences the world, expresses themselves, manages their emotions and establishes positive relationships with others.

How to Talk, Read and Sing every day:

- Everywhere you go, **talk** about what you see. Point out the world to your child. A stop sign, a traffic sign or a tree might seem boring to you, but it's a whole new world for your baby, so tell them about it.
- **Read** a book to your baby every day - in whatever language you feel most comfortable beginning at birth. And if you don't feel comfortable reading words, you can point out the pictures in the book and talk with your baby about them.
- **Sing** with your baby during everyday activities like bathing, eating and getting dressed.



For more information, visit www.lehighvalleyreads.org.